

# Relax

it's the TriCare difference

Our TriCare Retirement Communities offer an opportunity to enjoy life in welcoming surroundings with everything you need at hand, and there are plenty of friends around for social times if you choose.

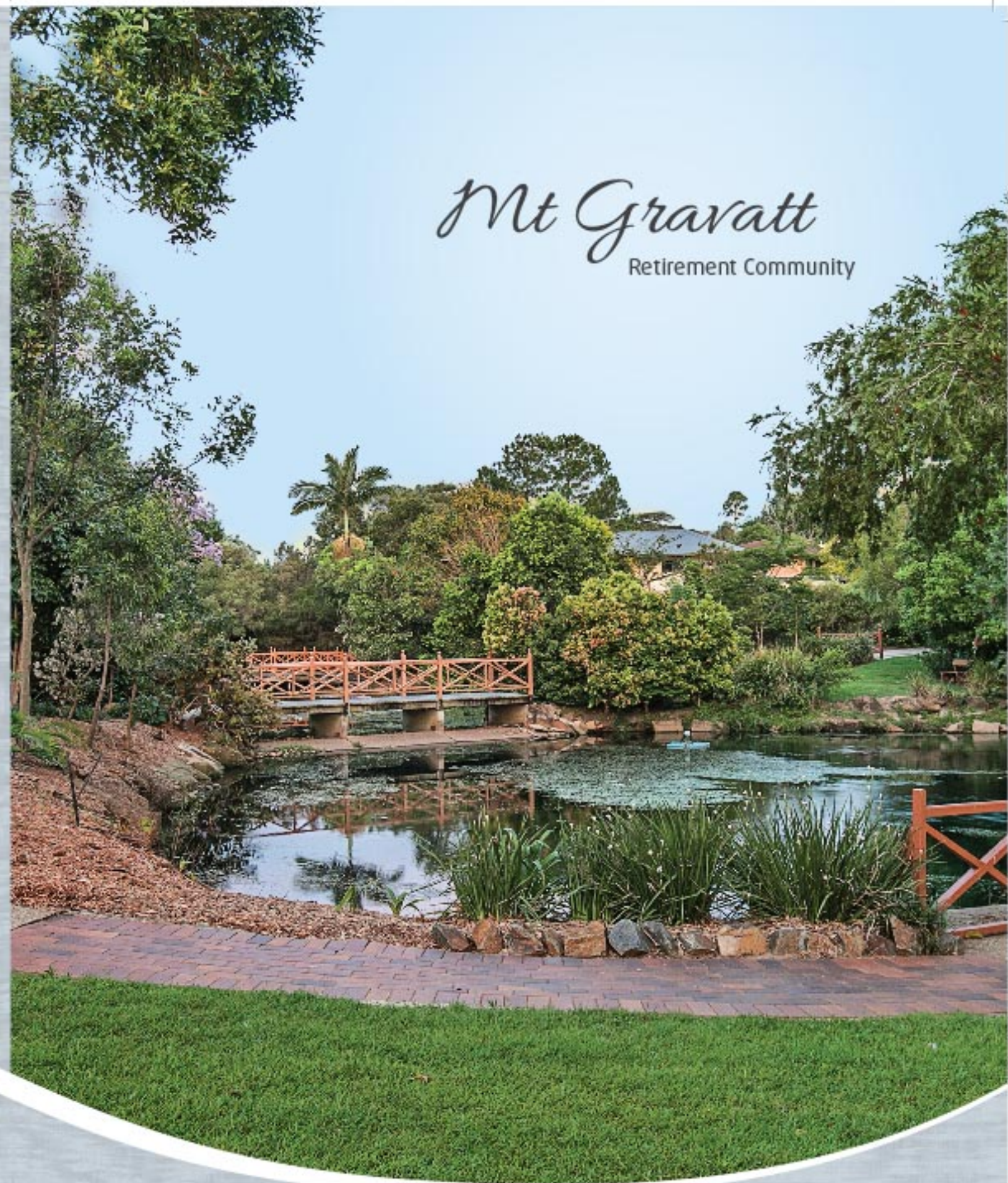
We offer a wide selection of lifestyle activities and amenities, a high standard of resident services and a range of maintenance-free accommodation options.

You'll find many of our Retirement Communities are co-located with TriCare Aged Care Residences, handy for couples with individual care and accommodation needs.

**Relax, you'll feel right at home with TriCare.**

**1300 TRICARE**  
[tricare.com.au](http://tricare.com.au)

**MT GRAVATT RETIREMENT COMMUNITY**  
1748 Logan Road, Mt Gravatt QLD 4122



*Mt Gravatt*  
Retirement Community



## Your suburban oasis

Our welcoming Mt Gravatt community features lush gardens surrounding easy boardwalks and a tranquil, picturesque lake. Keep your skills sharp in our residents workshop, join in one of the many social activities or go for a refreshing plunge in the pool and spa. Enjoy a relaxed lifestyle right on your doorstep.

With Westfield Garden City and Mt Gravatt shopping centres only a short drive, you will find it easy to access all the best shopping and entertainment venues. Mt Gravatt and Upper Mt Gravatt Aged Care Residences are nearby providing 24-hour care; handy for couples with individual accommodation and care needs.

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## A home to suit you

If you're looking for spacious indoor/outdoor living that's ideal for entertaining, our Independent Living Units are the perfect choice. Enjoy generous floorplans with private patios and relaxing garden views. Residents in our Serviced Apartments are able to benefit from a cleaning and laundry service, together with wholesome, fresh meals prepared daily by our onsite chefs.\* All this so you can enjoy a carefree and maintenance-free lifestyle at its best.

*\*Optional - additional fees apply*



### LIVING OPTIONS

- Independent Living Units
  - Serviced Apartments
- TriCare Aged Care Residences are nearby*



### RESIDENT SERVICES

- Full-time manager
- Property maintenance
- Reception



### PROFESSIONAL SERVICES

- Hairdressing
- Visiting health and wellbeing services
- 24-hour emergency call service



### AMENITIES

- Lake, boardwalk and garden
- Community BBQs
- Swimming pool and spa
- Library and computer with internet
- Gym
- Residents lounges and activity room
- Concert area
- Residents workshop
- Community bus



### LIFESTYLE ACTIVITIES

- Indoor bowls, billiards and table tennis
- Bingo, games and card groups
- Aqua aerobics and exercise classes
- Social events
- Shopping trips and outings
- Movie nights
- Concerts

